



# CranioSacral Therapy

Pre and Post-Natal Care for Moms and Babies

*supporting health. facilitating wellness.*



## Client Testimonial

*"I have been fortunate to have the wonderful experience of many CranioSacral treatment (CST) sessions with Sharon Pippus, a gifted healer. Her approach is gentle and graceful. She allows the healing process to unfold and the client to experience awareness of emotions and thoughts that come up for release easily and safely. She does so without judgment of any kind. I fully endorse Sharon's expert and loving CST sessions for newborns & their moms."*

**- Carol**

**SHARON PIPPUS**

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## Client Testimonials

"I had been trying to get pregnant for three years. Sharon supported my body to balance using her CranioSacral therapy (CST) skills and I happily announced to her that I was pregnant at my fourth visit to see her! I continued to see her periodically throughout my pregnancy. I had to have a C-section because of the size of my baby, but seeing Sharon after this helped my body to heal quickly."

- **Catherine**



"I've had the privilege of receiving CST treatments from Sharon following all three of my cesarean surgeries. During my last surgery the doctors in the OR commented on how little scar tissue I had in my abdomen. My pelvic floor physiotherapist was in complete disbelief at how little scar tissue she could feel in my abdomen post-partum...less than most people who have only had one c-section! Through her careful and gifted hands Sharon has guided my body to optimal healing and removal of scar tissue."

- **Rachel**

"With my second baby, Sharon helped her to nurse effectively. She passed through the birth canal so quickly that she could barely stay awake for 15mins (total) in a day. This was causing a drastic weight loss, as she could not stay awake enough to feed effectively. Two weeks after she saw Sharon, she managed to gain a full pound!" - **Andrea**

"We had the privilege of having Sharon participate in the birth of our first child. Sharon's calm presence greatly helped my husband and I to be able to relax between contractions. Our daughter was born vaginally with vacuum extraction, and came out with a "cone head". Sharon worked on our daughter shortly after birth, and within a day, no sign of the vacuum birth was evident; her cranial bones shifted back to normal! As well, having Sharon work on me in the days following my delivery greatly enhanced my short-term and long-term recovery. I would not want to do it without Sharon's support & care."

- **Laura**

*Call today to book an appointment!*